



NEO

THE ISLAND SPA

LIST OF SERVICES



The medicinal powers of seawater are well-documented throughout history. We believe implicitly in the healing and curative powers of the sea that can contribute to our general health and well-being.

Our spa focuses on specialized massages and body treatments utilizing various sea minerals and algae for relaxation, rejuvenation and detoxification.

Our beachfront location offers a spectacular view of the sea while inside well-appointed, treatment rooms.

Come to our island sanctuary for whatever reason you choose. For personal solitude or a modern escape, we invite you to join us to relax, rejuvenate, and detoxify...

for an hour... an afternoon... or a day.

ZEN BODYWORK P1,500 (90 minutes)

Neo Spa's signature massage is an integration of the traditional concepts and techniques of accupressure with Western therapeutic massage. This 90 minute therapy aims to free the flow of energy along the meridians, thereby releasing tension, balancing the body and mind, and normalizing physiological functions.

ISLAND LOMI LOMI P1,500 (90 minutes)

Lomi Lomi is a unique, flowing, vibrant and deeply relaxing full body massage. The therapist uses hands and forearm in long fluid strokes of varying rhythm and intensity up and down and all around the body. Cleansed by wave upon wave of loving touch, and purified by the release of negative tensions, Lomi Lomi has the ability to go to the core of one's being and reunites body and mind with spirit.

THERAPEUTIC MASSAGE P1,200 (60 minutes)

An invigorating massage that concentrates on the release of toxins that accumulate in tired, overworked muscles.

SEASHELL MASSAGE P1,200 (60 minutes)

This deeply penetrating massage makes use of the unique combination of differently-sized cowry shells and the power of hands in a flowing massage that melts away stress and tension as it adds a new sensation in your massage experience.

(All treatments and prices are subject to change without prior notice.)

SWEDISH MASSAGE *P1,000 (60 minutes)*

This classic full-body massage increases blood circulation, stimulates the nervous system, relieves muscle tension and induces natural relaxation.

LYMPHATIC DRAINAGE MASSAGE *P1,000 (60 minutes)*

This gentle and specialized form of massage stimulates the lymphatic system aiding in the removal of toxins and restoring the body to health by making the immune system more efficient. Using light circular motions, rhythmic pumping actions, and effleurage, this massage calms the nervous system, soothes the mind, and thereby relieves stress and tension.

SHIATSU *P1,000 (60 minutes)*

This dry, finger pressure massage is based on Oriental healing concepts that treat vital energy points on the body, rebalancing energy flow, relieving you of stress and giving you a revitalized feeling.

INGHAM METHOD OF REFLEXOLOGY *P1,000 (60 minutes)*

This is the gentle art of using hands to apply pressure to specific points on the feet and hands, relieving stress and redirecting energy. Considered to be a natural alternative medicine and a holistic approach in healing, reflexology can be used to restore and maintain the body's natural equilibrium and encourages our body's natural ability to heal itself.

(All treatments and prices are subject to change without prior notice.)

NORI SEAWEED BATH P800 (30 minutes)

Detoxifying brown algae is dissolved in a whirlpool bath aiding in the elimination of toxins in our body. This is highly recommended as a prelude to a body treatment.

SEAWEED & SPIRULINA ALGAE WRAP P1,800 (60 minutes)

Starting with a full body cleansing and exfoliation, this soothing blue-green algae body wrap offers critical vitamins and protein that hydrates and nourishes sun-stressed skin, leaving it soft and revitalized.

BROWN ALGAE WRAP P1,800 (60 minutes)

Starting with a full body cleansing and exfoliation, this detoxifying brown algae wrap containing a pure concentrate of all active elements found in brown algae nourishes and detoxifies the tissues as it tones the skin.

AROMATIC SEA SALT SCRUB P1,500 (60 minutes)

This mineral-rich sea salt scrub combined with aromatic essential oils help exfoliate build up of dead skin, stimulate circulation, and allow better hydration. This treatment buffs away roughness and leaves skin glowing and velvety smooth. This treatment is finished off with a soothing application of our hydrating lotion.

(All treatments and prices are subject to change without prior notice.)

THE ISLAND SPA VIRGIN SAMPLER *P1,500 (90 minutes)*

This head-to-toe experience done fully-clothed starts with the pure essence of seaweed laminaria oil blended with jojoba oil and massaged into the scalp for hydration, regeneration and calming effects. This 'leave-on' treatment is excellent for dry, dehydrated or sensitive scalp and hair. This is followed by a deeply soothing foot reflexology and finished with a rejuvenating back massage.

THE AFTER-SUN SOOTHER *P2,500 (120 minutes)*

This soothing after-sun package starts with a micro pearl cleansing, followed by a hydrating spirulina algae body mask. This blue-green algae offers critical vitamins and protein that hydrates and nourishes sun-stressed skin, leaving it soft and revitalized. This treatment is finished with a relaxing Swedish massage.

THE ISLAND DETOX *P2,750 (120 minutes)*

A complete detoxification package, this treatment starts with a full body cleansing and exfoliation, followed by a detoxifying brown algae wrap, a pure concentrate of all active elements found in algae which nourishes and detoxifies the tissues as it tones the skin. This treatment is finished with a lymphatic drainage massage.

ZEN *P2,750 (135 minutes)*

Aromatic Sea Salt Scrub followed by our Zen Bodywork.

(All treatments and prices are subject to change without prior notice.)

Our center is a haven of tranquility. We request that you lower your voice when talking and please turn off your mobile phone as not to disturb the other guests. Smoking is strictly prohibited.

To ensure you receive the most of your treatment time we recommend that you arrive 15 minutes prior to your scheduled appointment. Your timely arrival is much appreciated. Please understand that arriving late may reduce the time of your treatment to accommodate other appointments.

We understand that there may be a cause to cancel your scheduled appointment. Please let us know at least 3 hours in advance of any cancellations.

Please do not bring your valuables when going for a treatment. The management of Neo accepts no responsibility for any loss or damage to any personal items brought into the premises.

Our Spa Operating Hours:

Daily from 2pm to 11pm. For bookings, please call (036) 2883220 from 8am to 2pm or (036) 5063131 from 2pm to 11pm. Or you can also email us at boracay@neo.ph. Appointments are highly recommended.

NEO

THE ISLAND SPA

Neo Day Spa - Bonifacio Global City

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Ki by Neo Day Spa - Greenhills

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Tel. (02) 5846789, 5846066

Neo Island Spa - Boracay

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www.neo.ph